Press Release



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In Search of Legendary Trails

Throughout North Dakota, there are many trails to hike, bike, and enjoy. Legendary Trails of North Dakota, an effort of the North Dakota Parks and Recreation Department, seeks to recognize the best of these trails and encourages North Dakotans to engage in healthy living by using them.

The state trails program will promote these outstanding trails by designating them as "Legendary" and including them in a system of other outstanding trails.

"Legendary Trails of North Dakota is being initiated to promote health and fitness, in addition to bringing awareness to the variety of trail experiences available to our citizens," said Doug Prchal, director of the North Dakota Parks and Recreation Department.

Eligible trails must be open to the public and possess outstanding recreational, scenic, cultural, or historic qualities and have state or regional significance. All types of trails, including hiking, biking, motorized, and water, qualify.

The effort to recognize these trails and promote healthy living comes out of the North Dakota Parks and Recreation Department's mission to provide and enhance outdoor recreation opportunities through diverse parks and programs that conserve the state's natural diversity as well as to enhance North Dakota's quality of life.

The North Dakota Parks and Recreation Department is accepting nominations for the inaugural class of Legendary Trails, which will be officially designated next spring.

Interested trail managers can get more information and an application by going to www.parkrec.nd.gov or calling (701) 328-5357. The nomination deadline is Oct. 1.